

# The Suffolk Tour

# A Reflection on the Wealth of Medieval Suffolk

# Pakenham Water Mill, Pakenham Sunday 5 September 2021



Photo: C. Lambert

### **Supplementary Regulations**



## The Suffolk Tour

#### A Reflection on the Wealth of Medieval Suffolk

During Medieval times the wealth of Suffolk was based on its wool industry with many landed gentry and merchants becoming extremely rich and powerful. Much of this wealth was exhibited by their willingness to build grand houses and to finance the construction of fine churches, often to ensure their favourable reception at 'the Pearly Gates'. During this time the production of cloth was concentrated in towns and villages which in turn still continue to display the prosperity of those times of long ago.

This year's Tour of around 75 miles, which will again start and end at Pakenham Water Mill, will be visiting three of these 'Wool Villages' and will be exploring some little known lanes and byways in between.

The Tour will start with breakfast rolls and end with tea and cakes with a picnic lunch at midday.

During the Tour there will be opportunities to stop and explore further as your interest decrees

Early entry for this popular Tour is strongly recommended.

Pakenham Water Mill (IP31 2NB), is just off the A143 7 miles NE of Bury St Edmunds. A breakfast roll and hot drinks will be included before departure and with tea and cakes on completion (based on two per car) extra refreshments can be purchased on the day. A lunch stop at a village hall will be arranged on the day and members are recommended to bring a picnic.

Pakenham Water Mill is owned by The Suffolk Building Preservation Trust and is managed on a day to day basis by a dedicated team of volunteers. The Mill, which is the last working water mill in Suffolk, is regularly open to the public throughout the summer months. Special themed events are also held each summer (www.pakenhamwatermill.org)

The Mill produces stoneground wholemeal flour, spelt flour and rye flour all of which will be available on the day.

The Mill is one of the five locations nominated in the 'Britain's Best Landmark' category in the Countryfile Magazine's 2019 Awards Scheme.

The volunteers look forward to sharing the Mill with you on September 5th and pointing you again towards yet more of the county's treasures and special landscapes.



#### The Vintage Sports-Car Club Ltd

#### The Suffolk Tour

Sunday 5<sup>th</sup> September 2021



Held under the General Regulations of Motorsport UK (incorporating the provisions of the International Sporting Code of the FIA) and these Supplementary Regulations



## **Supplementary Regulations**

'Held under the General Regulations, of the Motor Sports Association (incorporating the provisions of the International Sporting Code of the FIA) and these Supplementary Regulations.'

- 1. **Announcement**. The Vintage Sports-Car Club will organise a Touring Assembly on Sunday 5<sup>th</sup> September, starting and finishing at Pakenham Water Mill, Pakenham, Bury St Edmunds IP31 2NB.
- 2. **Regulations**. The meeting will be held under the General Regulations of Motorsport UK (incorporating the provisions of the International Sporting Code of the FIA) insofar as they apply to Touring Assemblies, these Supplementary Regulations and any written instructions that the organising club may issue for this event. A Certificate of Exemption number tbc has been obtained from the Motorsport UK and will be displayed at the start.
- 3. **Officials**. The Secretary of the meeting is Brian Aket, who may be contacted with any queries at Tel: 01359 232025
- 4. **Vehicle eligibility**. The event is open to cars made before I January 1941 and driven by members of the Organising Club or the following Invited Club: Colchester Vintage Motor Club. Cars do not need to have a VSCC 'Buff Form'.
- 5. **Entering the Event**. Entries open on the publication of these Regulations and close on Monday 30 August 2021. The maximum entry will be 50 cars, the minimum will be 10. The entry fee is £40.00 per car. Cheques to be made payable to VSCC Ltd. Please send a completed and signed entry form to: VSCC, The Old Post Office, West Street, Chipping Norton, Oxon, OX7 5EL. Alternatively entries can be made online at <a href="https://www.vscc.co.uk">www.vscc.co.uk</a>.
- 6. **The Road Book**. Full Joining Instructions will be issued approximately one week prior to the event. A Road Book will be issued on the day, providing full and easy-to-follow navigational instructions and information about local places of interest. OS Map 155 Covers the area of the Tour.
- 7. **Registration**. On the Day Registration is from 9:00am until 10:00am with cars leaving from 10:00am. Crews should report to the organisers with all relevant documents identified below. Scrutineering is limited to ensuring the vehicle is eligible for the event. It is the entrants responsibility to make sure their car is taxed (NB MOTs are no longer required by law by cars registered Pre-1960). All cars must be insured for the public highway. It is recommended that all cars carry a serviceable fire extinguisher. All crew members must 'Sign On'. Anyone travelling in the car must be able to be properly seated in the car.
- 8. Route. The total distance covered will be approximately 75 miles.
- 9. **Driving Standards**. Horses, cyclists, walkers and inconsiderate drivers can be expected at many places along the route. Do please give them the appropriate consideration. All drivers are reminded that they should abstain from the consumption of alcohol or drugs during the event.
- 10. **Finish**. At the finish all drivers must report to the organisers to sign a Damage Declaration Form. Crews are expected to return to the start/finish from approx 3.00pm onwards when teas will be served.

### SAFETY, HEALTH, ENVIRONMENT AND FIRE (SHEF) AT THE VINTAGE SPORTS-CAR CLUB (VSCC) AND DURING VSCC EVENTS

It is the Policy of the Vintage Sports-Car Club (the Club) to operate in a positive culture of safety, health, and environmental protection throughout its entire business and sporting activities. To this end, the Club will coordinate all relevant activities under the collective heading of Safety, Health, Environment and Fire, or 'SHEF'.

The Club fully recognises the potential risks in its activities, the application of relevant legislation, and that it has the ultimate legal responsibility in these matters both in the workplace and at the Club's events. Accordingly, the President accepts overall responsibility for policy formulation and effective implementation of that policy. In turn, all employees, competitors, officials, and volunteer helpers are responsible for all SHEF duties allocated to them, either directly, or as a result of the Club's SHEF policy. Members of the public at Club events, whether paying or not, will be advised of their responsibilities as a result of their decision to spectate.

In pursuance of this policy, the Club will progressively identify all hazards and take measures to reduce risk. Motor Sport is spectacular and exciting, providing enjoyment to competitors and spectators alike, but there are many aspects of the sport which carry inherent risk. Much of this risk cannot be eliminated totally, and the emphasis must therefore be placed on controlling the risk through effective risk management systems. The purpose of such Risk Management will be elimination of the risk where possible, or to reduce the risk to levels which are demonstrably As Low As Reasonably Practicable (ALARP) where it cannot.

Throughout all of its activities, the Club will appoint an appropriate number of competent persons to implement the Club's SHEF procedures. In addition, a number of SHEF committees are established to ensure proper consideration of all risk factors, Committee members and other competent persons may be employees or volunteers. Competence will be guaranteed by formal training, the maintenance of records and, for motor sports events, full compliance with the rules and regulations of Motor Sports UK (MSUK), the governing body of the sport in the UK, and the venue owners.

P. Tunnicliffe, President, November 2020



#### **VINTAGE SPORTS-CAR CLUB**



#### Suffolk Tour 2021

'Held under the General Regulations of Motorsport UK (incorporating the provisions of the International Sporting Code of the FIA) and the Supplementary Regulations'

Online entry is the preferred method for entering VSCC events. A supplement may be charged for the office processing paper entries.

| DRIVER'S SURNAME (*):     |               | OWNER'S SURNAME:      |                              |
|---------------------------|---------------|-----------------------|------------------------------|
| FIRST NAME (*):           |               | FIRST NAME:           |                              |
| ADDRESS (*):              |               |                       |                              |
| POSTCODE (*):             |               | POSTCODE:             |                              |
| DAYTIME PHONE NUMBER (*): |               | DAYTIME PHONE NUMBER: |                              |
| MEMBERSHIP NUMBER (*):    |               | MEMBERSHIP NUMBER:    |                              |
| MAKE (*):                 | MODEL (*):    | YEAR                  | (car/eng) (*):               |
| REG NO (*):               | CAPACITY (*): | BODY TYPE (*):        | s'charged? (*) <b>Yes/NO</b> |
| CL V D MILI               | *             |                       |                              |

Select Your Payment Method (\*):

(\*) N/A / Unknown class / Error in Class / N/A

#### I declare that:

1) I have been given the opportunity to read the General Regulations of Motorsport UK and, if any, the Supplementary Regulations for this event and agree to be bound by them. I declare that I am physically and mentally fit to take part in the

event and I am competent to do so. I acknowledge that I understand the nature and type of competition and the potential risk inherent with motor sport and agree to accept that risk. I understand that motor sport can be dangerous and

accidents causing death, injury, disability and property damage can and do happen. I understand that these risks may give rise to my suffering personal injury or other loss and I acknowledge and accept these risks.

2) To the best of my belief the driver(s) possess(es) the standard of competence necessary for an event of the type to which this entry relates and that the vehicle entered is suitable and roadworthy for the event having regard to the course and

the speeds which will be reached. The use of the vehicle hereby entered will be covered by insurance as required by the law which is valid for such part of this event as shall take place on roads as defined by the law.

3) I understand that should I at the time of this event be suffering from any disability whether permanent or temporary which is likely to affect prejudicially my normal control of the vehicle, I may not take part unless I have declared such

disability to Motorsport UK which has, following such declaration, issued a licence which permits me to do so. I undertake that at the time of the event to which this entry relates I shall have passed or am exempt from an ASN specified

medical examination within the specified period. (H10.1.6)

- 4) Any application form for a Licence which was signed by a person under the age of 18 years was countersigned by that person's parent/legal guardian/guarantor, whose full names and addresses have been given.
- 5) If I am the Parent/Guardian/Guarantor of the driver I understand that I shall have the right to be present during any procedure being carried out under the Supplementary Regulations issued for this event and the General Regulations of

Motorsport UK. As the Parent/Guardian/Guarantor I confirm that I have acquainted myself and the minor with the Motorsport UK General Regulations, agree to pay any appropriate charges and fees pursuant to those Regulations (to include

any appendices thereto) and hereby agree to be bound by those Regulations and submit myself without reserve to the consequences resulting from those Regulations (and any subsequent alteration thereof). Further, I agree to pay as

liquidated damages any fines imposed upon me up to the maxima set out in Part 3, Appendix 1. Note: Where the Parent/Guardian/Guarantor is not present there must be a Guardian who must produce a written and signed authorisation to so

act from the Parent/Guardian/Guarantor as appropriate.

- 6) I hereby agree to abide by the Motorsport UK Safeguarding Policy and Guidelines and the National Sporting Code of Conduct.
- 7) I have read and fully understood the regulations for Control of Drugs and Alcohol as contained in the Competitors' and Officials Yearbook Regulations H39, D35.1, G15.1.4 and have also fully familiarised myself with the information on the

web sites referred to (www.motorsportuk.org, www.ukad.org.uk and www.wada-ama.org) in particular the UK Anti Doping Rules which have been adopted by Motorsport UK. Further, if I am counter-signing as the parent or Guardian of a

minor then in addition to the deemed consent to the testing of that minor (UK Anti-Doping Rule 5.7.2) I hereby confirm that I give such consent for the minor concerned to be

8) I understand that my personal data is being processed solely for the purposes of running this event and will be handled by the organisers in accordance with Motorsport UK data protection policy which can be found at

www.motorsportuk.org/data-protection.

Indemnity: In consideration of the acceptance of this entry I agree that neither any one of or any combination of Motorsport UK and its associated clubs, the organisers, the track owners or other occupiers, the promoters and their respective

officers, servants, representatives and agents (the "Parties") shall have any liability for loss or damage which may be sustained or incurred by me as a result of participation in the Event including but not limited to damage to property,

economic loss, consequential loss or financial loss howsoever caused. Nothing in this clause is intended to or shall be deemed to exclude or limit liability for death or personal injury. To the fullest extent permitted by law I agree to

indemnify and hold harmless each of the Parties in respect of any loss or damage whatsoever and howsoever arising from my participation in this event.

| Date:                             | _   |   |
|-----------------------------------|---|---|
| Entrant/Driver's signature:       | Date:   |   |
| In the case of injury, please inf | rm Relationship   | _ |
| Telephone Number                  |   |   |
| Address                           |   | _ |
| Name and Address of Insuran       | Company   | _ |
|                                   |   |   |
| State your age if under 18        | If the Entrant/Driver is under 18 yrs, this form must be countersigned by the appropriate Parent or Guardian. |   |
| Parent/Guardian's full name: _    |   | _ |
| Parent/Guardian's signature: _    |   |   |
| This form, along with the entr    | fee (£40.00 )   |   |
| must be returned to the office    | by 30 August 2021. Cheques to be made payable to the VSCC Ltd.  |   |
| BACS Payment:                     |   |   |

The Vintage Sports Car Club Ltd 52-21-31 13953818 IBAN GB68 NWBK 5221 3113 953818 Reference "Entrants surname, initial, event name"

NOTE: Please do not include fees for other meetings in your cheque or BACS.

Please tick here if you are a VSCC Account Holder

If you do not enclose a cheque, the office will contact you upon receipt of the form for payment.

| Give details of any recent VSCC entry rejections and/or marshalling:   |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |
| VSCC Eligibility   |  |  |  |
| Is the car new to you? Yes / No  |  |  |  |
| Or to the VSCC? Yes / No   |  |  |  |
| Or have you made any alterations that are likely to affect the performance? Yes / No   |  |  |  |
| (If yes please note these on the reverse of the form or a seperate attached sheet)   |  |  |  |
| I HAVE READ THE VSCC'S ELIGIBILITY OF CARS LEAFLET (2018) AND UNDERSTAND THAT THE CLUB WILL DEFINE MY CAR AS STANDARD, MODIFIED, |  |  |  |
| SPECIAL ACCORDING TO INSPECTION OR THE INFORMATION PRESENTED   |  |  |  |
| Has this car been issued with an eligibility 2000 passport (buff passport)? Yes / No   |  |  |  |
| If yes to above, in whose name is it? And number   |  |  |  |
| Have there been any changes since the passport was submitted? Yes / No   |  |  |  |
| If yes, does the club secretary know? Yes / No   |  |  |  |
| (If he has not been advised of the changes to the car, please let him know on a seperate sheet)                                  |  |  |  |